

# ERIC K. LAYLAND, PhD

Curriculum Vitae: September 2024

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## EDUCATION

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### The Pennsylvania State University

- 2020 PhD Human Development & Family Studies  
Dissertation: Leveraging latent class modeling at the intersection of racism and homonegativism: Identifying subgroups of Black and Latino sexual minority young men and links with substance use
- 2018 MS Human Development & Family Studies

### Brigham Young University

- 2013 MS Youth & Family Recreation
- 2011 BS Recreation Management and Youth Leadership

## ACADEMIC APPOINTMENTS

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- 2022-present Assistant Professor, Human Development and Family Sciences, University of Delaware  
Joint Appointment, School of Education, University of Delaware
- 2020-2022 NIMH Post-doctoral Research Fellow, AIDS Prevention Training Program, Yale School of Public Health (T32 MH020031)
- 2018-2020 Research Assistant, The Pennsylvania State University, The Methodology Center (P50 DA039838)
- 2016-2018 NIDA Pre-doctoral Fellow, Prevention and Methodology Training Program, The Pennsylvania State University (T32 DA017629)

## PEER REVIEWED PUBLICATIONS

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40. Harkness, A., Soulliard, Z. A., **Layland, E. K.**, Behari, K., Rogers, B., Bharat, B., Safren, S., & Pachankis, J. E. (In press). Implementing LGBTQ-affirmative cognitive-behavioral therapy: Implementation strategies across five clinical trials. *Implementation Science Communications*.
39. \*Van Doren, N., **Layland, E. K.**, Mahlobo, C., & Bray, B. C. (In press). Coping with racial discrimination: Person-centered coping profiles moderate the association between discrimination and mental health in African Americans. *Cultural Diversity and Ethnic Minority Psychology*.
38. Restar, A. J., **Layland, E. K.**, Hughes, L., Dusic, E., Lucas, R., Bambilla, A., Shook, A., Schwarz, D., Shimkin, G., Grandberry, V., Streed, C. J., Operario, D., Gamarel, K., & Kershaw, T. (2024). Impact of anti-trans policy environment on trans people's mental health. *JAMA Network Open*, 7(8), 1-14. DOI: [10.1001/jamanetworkopen.2024.31306](https://doi.org/10.1001/jamanetworkopen.2024.31306)
37. \*Mousavi, M. E., Chong, N. J., Earnshaw, V. E., & **Layland, E. K.** (2024). LGBTQ+ youth identity disclosure processes: A systematic review. *Adolescent Research Review*, online first. DOI: [10.1007/s40894-024-00243-1](https://doi.org/10.1007/s40894-024-00243-1)

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\* Indicates student or post-doc author.

36. Burson, E., Renley, B. M., **Layland, E. K.**, Rathus, T., Simon, K. A., Caba, A. E., Eaton, L. A., & Watson, R. J. (In press). The effects of state-level structural stigma on sexual and gender minority youth mental health. *Sexuality Research and Social Policy*.
35. \*Shepherd, B. F., \*Tidwell, C. A., **Layland, E. K.**, Maki, J. L., & Brochu, P. M. (2024). Beyond “Not My Type:” A quantitative examination of intraminority stigma among gay men who use dating apps. *Psychology of Sexual Orientation and Gender Diversity*, online first. DOI: [10.1037/sgd0000715](https://doi.org/10.1037/sgd0000715)
34. Restar, A., **Layland, E. K.**, Davis, B., & Streed, C. J. (2024). The public health crisis state of transgender health care policy. *American Journal of Public Health*, 114(2), 161-163. DOI: [10.2105/AJPH.2023.307523](https://doi.org/10.2105/AJPH.2023.307523) PMID: [PMC10862226](https://pubmed.ncbi.nlm.nih.gov/PMC10862226/)
33. Pachankis, J. E., Soulliard, Z. A., **Layland, E. K.**, Behari, K., Seager van Dyk, I., Eisenstadt, B. E., Ljotsson, B., Sarnholm, J., Bjureberg, J. (2023). Guided cognitive-behavioral therapy for sexual minority youth’s mental health: A randomized controlled trial of minority stress treatment approach. *Journal of Behaviour Research and Therapy*, 169, online first. DOI: [10.1016/j.brat.2023.104403](https://doi.org/10.1016/j.brat.2023.104403) PMID: [PMC10601985](https://pubmed.ncbi.nlm.nih.gov/PMC10601985/)
32. **Layland, E. K.**, Bränström, R., Murchison, G. R., & Pachankis, J. E. (2023). Kept in the closet: Structural stigma and the timing of sexual minority developmental milestones across 28 European countries. *Journal of Youth and Adolescence*, 52, 2012-2030. DOI: [10.1007/s10964-023-01818-2](https://doi.org/10.1007/s10964-023-01818-2)
31. Watson, R., Caba, A., **Layland, E.**, Simon, K., Morgan, E., Edelman, E. J., Chan, P., & Eaton, L. (2023). Co-occurring mental health and drug use experiences among Black and Hispanic/Latino sexual minority men and gender diverse individuals. *Journal of Behavioral Medicine*, online first. DOI: [10.1007/s10865-023-00433-7](https://doi.org/10.1007/s10865-023-00433-7)
30. Mitsdarffer, M. L., McColl, R., Nescott, E., Bianchetta, J., **Layland, E. K.**, & Tóth, T. (2023). LGBTQ+ youth homelessness in Delaware: Building a case for targeted surveillance and assessment of LGBTQ+ youth needs and experiences. *Delaware Journal of Public Health*, 9(2), 80-86. DOI: [10.32481/djph.2023.06.014](https://doi.org/10.32481/djph.2023.06.014) PMID: [PMC10445598](https://pubmed.ncbi.nlm.nih.gov/PMC10445598/)
29. Eaton, L.A., **Layland, E.K.**, Driver, R., Kalichman, S.C., Kalichman, M.O., Watson, R.J., Kalinowski, J., Chandler, C.J., & Earnshaw, V.A. (2023). Novel latent profile analysis of a test of concept, stigma intervention to increase PrEP uptake among Black sexual minority men. *Journal of Acquired Immune Deficiency Syndromes*, 94(1), 1-9. DOI: [10.1097/QAI.0000000000003223](https://doi.org/10.1097/QAI.0000000000003223) PMID: [PMC10524435](https://pubmed.ncbi.nlm.nih.gov/PMC10524435/)
28. Bray, B. C., **Layland, E. K.**, Stull, S. W., Vasilenko, S. A., & Lanza, S. T. (2022). Estimating the effects of a complex, multidimensional moderator: An example of latent class moderation to examine differential intervention effects of drug abuse services, *Prevention Science*, 24, 493-504. DOI: [10.1007/s11121-022-01448-3](https://doi.org/10.1007/s11121-022-01448-3) PMID: [PMC10090219](https://pubmed.ncbi.nlm.nih.gov/PMC10090219/)
27. **Layland, E. K.**, Bray, B. C., Kipke, M. D., & Maggs, J. L. (2022). Intersectional stigma subgroups differ in unhealthy drinking and disordered marijuana use among Black and Latino cisgender sexual minority young men. *Drug & Alcohol Dependence*, 241, 1-10. DOI: [10.1016/j.drugalcdep.2022.109652](https://doi.org/10.1016/j.drugalcdep.2022.109652) PMID: [PMC10082566](https://pubmed.ncbi.nlm.nih.gov/PMC10082566/)
26. **Layland, E. K.**, Caldwell, L. L., Ram, N., Smith, E., Wegner, L., & Jacobs, J. J. (2022). Adolescent substance use behavior change through school intervention is improved by teacher and school

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\* Indicates student or post-doc author.

- implementation support together, especially for girls. *Prevention Science*, 23, 1251-1263. DOI: [10.1007/s11121-022-01394-0](https://doi.org/10.1007/s11121-022-01394-0) PMID: [PMC9949964](https://pubmed.ncbi.nlm.nih.gov/39949964/)
25. **Layland, E. K.**, Maggs, J. L., Kipke, M. D., & Bray, B. C. (2022). Intersecting racism and homonegativism among sexual minority men of color: Latent class analysis of multidimensional stigma with subgroup differences in health sociostructural burdens. *Social Science and Medicine*, 293(2), 1-13. DOI: [10.1016/j.socscimed.2021.114602](https://doi.org/10.1016/j.socscimed.2021.114602) PMID: [PMC9020748](https://pubmed.ncbi.nlm.nih.gov/39020748/)
  24. Pachankis, J. E., Soulliard, Z. A., Seager van Dyk, I., **Layland, E. K.**, Clark, K. A., & Jackson, S. D. (2022). Training in LGBTQ-Affirmative cognitive-behavioral therapy: A randomized controlled trial across US LGBTQ Community Centers. *Journal of Consulting and Clinical Psychology*, 90(7), 582-599. DOI: [10.1037/ccp0000745](https://doi.org/10.1037/ccp0000745) PMID: [PMC9434976](https://pubmed.ncbi.nlm.nih.gov/39434976/)
  23. Kalinowski, J., **Layland, E. K.**, Eaton, L. A., & Watson, R. (2022). Strong ethnic identity buffers the association of heterosexism with substance use among Black sexual minority men. *Journal of Racial and Ethnic Health Disparities*. Online first, 1-10. DOI: [10.1007/s40615-022-01312-8](https://doi.org/10.1007/s40615-022-01312-8) PMID: [PMC9936572](https://pubmed.ncbi.nlm.nih.gov/39936572/)
  22. Berman, M., Eaton, L. A., Watson, R. J., Earnshaw, V. A., Wiginton, J. M., & **Layland, E. K.** (2022). Factors Associated with disclosure of sexual orientation among Black sexual minority men. *LGBT Health*, 10(1), 51-61. DOI: [10.1089/lgbt.2021.0446](https://doi.org/10.1089/lgbt.2021.0446) PMID: [PMC10039276](https://pubmed.ncbi.nlm.nih.gov/390039276/)
  21. Soulliard, Z. A., **Layland, E. K.**, Smith, J. C., Kipke, M. D., & Bray, B. C. (2022). Body image concerns, correlates, and community connection among Black and Latinx sexual minority cisgender men and transgender/gender non-conforming young adults. *LGBT Health*, 9(2), 1-9. DOI: [10.1089/lgbt.2021.0237](https://doi.org/10.1089/lgbt.2021.0237) PMID: [PMC8968849](https://pubmed.ncbi.nlm.nih.gov/39688849/)
  20. Matsick, J. L., Kruk, M., Palmer, L., **Layland, E. K.**, & Salomaa, A. (2022). Extending the social category label effect to stigmatized groups: Lesbian and gay people's reactions to "homosexual" as a label. *Journal of Social and Political Psychology*, 10(1), 369-390. DOI: [10.5964/jsp.6823](https://doi.org/10.5964/jsp.6823)
  19. \*DiGuseppi, G., Davis, J. P., Srivastava, A., **Layland, E. K.**, Pham, D., & Kipke, M. D. (2022). Multiple minority stress and behavioral health among young Black and Latino sexual minority men. *LGBT Health*, 9(2), 114-121. DOI: [10.1089/lgbt.2021.0230](https://doi.org/10.1089/lgbt.2021.0230) PMID: [PMC8968840](https://pubmed.ncbi.nlm.nih.gov/39688840/)
  18. **Layland, E. K.**, Ram, N., Caldwell, L. L., Smith, E. A., & Wegner, L. (2021). Leisure boredom, timing of sexual debut, and co-occurring behaviors among South African adolescents. *Archives of Sexual Behavior*, 50(6), 2383-2394. DOI: [10.1007/s10508-021-02014-8](https://doi.org/10.1007/s10508-021-02014-8) PMID: [PMC8911384](https://pubmed.ncbi.nlm.nih.gov/3911384/)
  17. Hsueh, L., **Layland, E. K.**, Kipke, M. D., & Bray, B. C. (2021). Discrimination, internalized homonegativity, and healthcare system distrust among young men of color who have sex with men: Evidence from the Healthy Young Men's Cohort (HYM) Study. *Social Science and Medicine*. 284, 1-7. DOI: [10.1016/j.socscimed.2021.114219](https://doi.org/10.1016/j.socscimed.2021.114219) PMID: [PMC8958666](https://pubmed.ncbi.nlm.nih.gov/3958666/)
  16. Cooper, D. K., Bámaca-Colbert, M. Y., **Layland, E. K.**, Simpson, E., & Bayly, B. (2021). Identifying subgroups of Latinxs exposed to lifetime adversity: Links to adult mental health problems. *PLOS ONE*, 16(10), 1-22. DOI: [10.1371/journal.pone.0258324](https://doi.org/10.1371/journal.pone.0258324) PMID: [PMC8523059](https://pubmed.ncbi.nlm.nih.gov/39523059/)
  15. Earnshaw, V. A., Eaton, L. A., Watson, R. J., Brousseau, N. M., **Layland, E. K.**, Berman, M., & Wiginton, J. M. (2021). Sexual orientation outness and HIV/STI stigma over first year post-HIV/STI diagnosis

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\* Indicates student or post-doc author.

- among Black sexual minority men. *Annals of LGBTQ Public and Population Health*, 2(3), 166-173. DOI: [10.1891/LGBTQ-2020-0059](https://doi.org/10.1891/LGBTQ-2020-0059)
14. **Layland, E. K.**, Peets, J. O., Hodge, J. C., & Glaza, M. (2021). Sibling relationship quality in the context of digital leisure and geographic distance for college-attending emerging adults. *Journal of Leisure Research*, 52(3), 307-329. DOI: [10.1080/00222216.2021.1899778](https://doi.org/10.1080/00222216.2021.1899778) PMID: [PMC8691740](https://pubmed.ncbi.nlm.nih.gov/368691740/)
  13. **Layland, E. K.**, Exten, C., Mallory, A., Williams, N. D., & Fish, J. N. (2020). Suicide attempt rates and associations with discrimination are greatest in early adulthood for sexual minority adults across diverse racial and ethnic groups. *LGBT Health*, 7(8), 439-447. DOI: [10.1089/lgbt.2020.0142](https://doi.org/10.1089/lgbt.2020.0142) PMID: [PMC7757577](https://pubmed.ncbi.nlm.nih.gov/367757577/)
  12. **Layland, E. K.**, Carter, J. A., Perry, N. S., Cienfuegos-Szalay, J., Nelson, K. M., Peasant-Bonner, C., & Rendina, H. J. (2020). A systematic review of stigma in sexual and gender minority health interventions. *Translational Behavioral Medicine*. 10(5), 1200-1210. DOI: [10.1093/tbm/ibz200](https://doi.org/10.1093/tbm/ibz200) PMID: [PMC7549413](https://pubmed.ncbi.nlm.nih.gov/367549413/)
  11. Stone, G. A., Harris, B., Duffy, L. N., Billy, T., **Layland, E.**, Schmalz, D. L., Kivel, D., Schmalz, D. L., Kelly-Pryor, B., & Mowatt, R. (2020). Implicit attitudes and the challenge of becoming a reflexive leisure scholar. *Leisure Sciences*. 43(3-4), 389-405. DOI: [10.1080/01490400.2020.1830899](https://doi.org/10.1080/01490400.2020.1830899)
  10. Hidalgo, M., **Layland, E. K.**, Kubicek, K., & Kipke, M. D. (2020). Sexual racism, psychological symptoms, and mindfulness among ethnically/racially diverse young men who have sex with men: A moderation analysis. *Mindfulness*, 11(2020), 452-461. DOI: [10.1007/s12671-019-01278-5](https://doi.org/10.1007/s12671-019-01278-5) PMID: [PMC8789003](https://pubmed.ncbi.nlm.nih.gov/368789003/)
  9. Kipke, M., Kubicek, K., Wong, C., Akinyemi, D., Robison, Y. A., Hawkins, W., Rice, C. E., **Layland, E.**, Bray, B., & Belzer, M. (2019). The Healthy Young Men's Cohort Study: Study design and methodology. *Journal of Medical Internet Research*, 8(1), 1-14. DOI: [10.2196/10738](https://doi.org/10.2196/10738) PMID: [PMC6365874](https://pubmed.ncbi.nlm.nih.gov/366365874/)
  8. **Layland, E. K.**, Calhoun, B. H., Russell, M. A., & Maggs, J. L. (2019). Is alcohol and other substance use reduced when college students attend alcohol-free programs? Evidence from a measurement burst design before and after legal drinking age. *Prevention Science*, 20(3), 342-352. DOI: [10.1007/s11121-018-0877-6](https://doi.org/10.1007/s11121-018-0877-6) PMID: [PMC6129232](https://pubmed.ncbi.nlm.nih.gov/366129232/)
  7. **Layland, E. K.**, Hodge, C. J., Glaza, M., & Peets, J. (2019). Rethinking leisure time use metrics: Greater diversity in shared sibling leisure is associated with higher relationship quality during emerging adulthood. *Journal of Social and Personal Relationships*, 37(2), 516-537. DOI: [10.1177/0265407519867771](https://doi.org/10.1177/0265407519867771) PMID: [PMC8034487](https://pubmed.ncbi.nlm.nih.gov/368034487/)
  6. Duerden, M. D., **Layland, E. K.**, Lancañienta, A., Hodge, C. J., Goates, M. C., & Edwards, E. B. (2019). Reporting quantitative methods and findings: Best practices fidelity in leisure scholarship. *Leisure Sciences*, 44(3), 385-400. 342-352. DOI: [10.1080/01490400.2019.1571969](https://doi.org/10.1080/01490400.2019.1571969)
  5. Duerden, M. D., **Layland, E. K.**, Petriello, M., Stronza, A., Dunn, M., & Adams, S. (2018). Understanding the unique adolescent study abroad experience. *Journal of Hospitality, Sport, and Tourism Education*, 23, 18-28. DOI: [10.1016/j.jhlste.2018.04.004](https://doi.org/10.1016/j.jhlste.2018.04.004) PMID: [PMC6034715](https://pubmed.ncbi.nlm.nih.gov/366034715/)
  4. **Layland, E. K.**, Stone, G. A., Mueller, J. T., & Hodge, C. J. (2018). Injustice in mobile leisure: A conceptual exploration of Pokémon Go. *Leisure Sciences*, 40(4), 288-306. DOI: [10.1080/01490400.2018.1426064](https://doi.org/10.1080/01490400.2018.1426064) PMID: [PMC6078435](https://pubmed.ncbi.nlm.nih.gov/366078435/)

3. **Layland, E. K.**, Hill, B., & Nelson, L. (2018). Freedom to explore the self: How emerging adults use leisure to develop identity. *Journal of Positive Psychology*, 13(1), 78-91. DOI: [10.1080/17439760.2017.1374440](https://doi.org/10.1080/17439760.2017.1374440) PMID: [PMC5739337](https://pubmed.ncbi.nlm.nih.gov/35739337/)
2. Hodge, C. J., Duerden, M., **Layland, E. K.**, Lacanienta, A., Goates, M. C., & Niu, X. M. (2017). The association between family leisure and family quality: A meta-analysis. *Family Theory & Review*, 9(3), 328-346. DOI: [10.1111/jftr.12202](https://doi.org/10.1111/jftr.12202)
1. Taff, D. B., Hodge, C., **Layland, E. K.**, Costigan, H., & Gorske, J. (2017). Music at the Monument: Research informing outcomes of veteran and youth-focused Healthy Parks Healthy People event. *George Wright Forum*, 34(1), 73-85.

## **MANUSCRIPTS UNDER PEER REVIEW**

10. **Layland, E. K.**, Diaz, J. E., Parra, L. A., Berglund, P., Kipke, M. D., & Bray, B. C. (Under review). How do anxiety and depression trajectories vary among Black, Latinx, and Afro-Latinx sexual minority young men? Uncovering variation in development with intersectional subgroups. *Developmental Psychology*.
9. **Layland, E. K.**, Wood, J. K., Pushpanadh, S., Sheppard, J. A., & Goldbach, J. T. (Under review). Coping resource engagement in response to LGBTQ-related stress: Validation of the Queer Adolescent Coping Inventory and protective associations with mental health. *Journal of Research on Adolescence*.
8. Seager van Dyk, I., Soulliard, Z. A., **Layland, E. K.**, & Pachankis, J. E. (Under review). LGBTQ-affirmative cognitive behavioral group therapy for youth: A pilot study. *Psychotherapy*.
7. Fish, J. N., Pacey, M. S., Ezra, P., **Layland, E. K.**, Tomlinson, K. V. & Smith Bynum, M. (Under review). A conceptual model of parental sexual orientation socialization for sexual minority youth. *Journal of Marriage and Family*.
6. Parra, L. A., Roos, L. G., **Layland, E. K.**, Spahr, C. M., Goldbach, J. T., Bray, B. C., Kipke, M. D., & Slavich, G. M. (Under review). Optimism mitigates the negative effects of lifetime financial stressors on mental health among sexual and gender minority people of color. *Journal of Clinical Psychology*.
5. Parra, L. A., **Layland, E. K.**, Gross, G., Goldbach, J. T., & Kipke, M. D. (Under review). Social support buffers the effect of intersectional microaggressions on depressive symptoms among Black, Latine/x, and multiracial sexual and gender minority emerging adults.
4. \*Mahlobo, C. T., **Layland, E. K.**, & Roeser, R. W. (Under review). Family racial socialization in adolescence and Black American's mental health in adulthood. *The Counseling Psychologist*.
3. \*Shepherd, B. F., Parra, L. A., Kipke, M. D., & **Layland, E. K.** (Under review). Longitudinal associations between dating app use, sexual racism, and mental health among Black and Latinx gay and bisexual men: The protective roles of general social support and identity-specific community connection. *Cultural Diversity & Ethnic Minority Psychology*.
2. \*Pushpanadh, S., **Layland, E. K.**, & Soto, J. (Revise & Resubmit). A latent profile analysis of multidimensional sexual stigma in LGB adults: Subgroup differences and associations with distress and substance use. *Psychology of Sexual Orientation and Gender Diversity*.

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\* Indicates student or post-doc author.

1. \*Mohammed, N., **Layland, E. K.**, Cosme, D., Kang, Y., Boyd, Z. M., Mucha, P. J., Ochsner, J. N., Falk, E. B., Bassett, D. S., & Lydon-Staley, D. M. (Under Review). Profiles of daily positive emotion dynamics and associations with flourishing. *Journal of Happiness Studies*.

## **MANUSCRIPTS IN PROGRESS**

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2. **Layland, E. K.**, Mesner, O., Parra, A., & Goldbach, J. (In prep). How does sexual racism affect marijuana use? A developmental approach to test anxiety as a mediator.
1. **Layland, E. K.**, Mallory, A., Pushpanadh, S., Parra, L. A., & Eaton, L. A. (In prep). Intersectional internalized stigma as a mediator of the association between interpersonal discrimination and mental and behavioral health for Black sexual minority men.

## **RESEARCH FUNDING**

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### **Submitted:**

- 2025-2028** Affirming and protecting minoritized students: The impact of state education policy on mental health. Spencer Foundation Racial Equity Research Grants Program. (PI: B. Zakszeski). Role: Co-investigator. Budget: \$74,821.
- 2025-2028** The Rainbow/Queer joy project: A multidisciplinary paradigm shift in Rainbow research. Marsden Fund Royal Society of New Zealand (PI: I. Seager van Dyk). Role: Co-investigator. Budget: NZ\$870,000.

### **Funded:**

- 2023-2028** Disclosure Intervention to Reduce Social Isolation and Facilitate Recovery among People in Treatment for Opioid Use Disorder. National Institutes on Drug and Addiction (R01 DA059557; PI: V. Earnshaw). Role: Co-Investigator. Budget: \$2,578,253. [Scored 1<sup>st</sup> Percentile]
- 2023-2025** Parent capacity for fostering LGBTQ socialization. General University Research award. University of Delaware. (PI: **E. Layland**). Budget: \$15,000.
- 2023** Psychometric Development and Validation of the LGB Coping Scale in the Proud & Empowered Intervention. Subaward of Feasibility of multi-level school intervention for LGBTQ youth (R21 MD013971; PI: J. Goldbach). Role: Co-investigator. Subaward Budget: \$23,483.
- 2018-2023** Young men of color who have sex with men cohort study. National Institute on Drug Abuse. Children's Hospital Los Angeles. (U01 DA036926; PI: M. Kipke). Role: Co-investigator (2020-2023), Research Assistant (2018-2020). Subaward Budget: \$57,256.
- 2020-2023** Unified approach to address PrEP cascade for Black Men who have Sex with Men (BMSM). National Institute of Mental Health. Institute for Collaboration on Health, Intervention, & Policy (InCHIP), University of Connecticut. (R34 MH115798; PI: L. Eaton). Role: Consultant.
- 2020-2023** Novel Stigma/Structural Interventions for Increasing HIV/STI Testing Among BMSM. National Institute of Mental Health. Institute for Collaboration on Health, Intervention, &

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\* Indicates student or post-doc author.

- Policy (InCHIP), University of Connecticut. (R01 MH109409; PI: L. Eaton). Role: Consultant.
- 2020-2022 Interdisciplinary HIV Prevention Training Program. National Institute of Mental Health. Center for Interdisciplinary Research on AIDS, Yale University. (T32 MH020031; PI: T. Kershaw). Role: Post-doctoral fellow. Funded individual budget: \$129,480.
- 2021 Evaluating the transition to telehealth services: Exploring the needs and experiences of LGBTQ+ clients engaged in community care. Yale Fund for Lesbian and Gay Studies. (MPI: **E. Layland**, D. Turner) Funded budget: \$3,300.
- 2021 LGBTQ-Affirmative cognitive behavioral group therapy for youth: A pilot study. Yale Fund for Lesbian and Gay Studies. (PI: I. Seager Van Dyk) Role: Co-investigator. Funded budget: \$4,999.
- 2020 An experimental investigation of anti-Black sexual racism and underlying mechanisms among gay and bisexual men. Yale Fund for Lesbian and Gay Studies. (PI: **E. Layland**). Funded budget: \$3,689.
- 2016-2018 Prevention and Methodology Training. National Institute on Drug Abuse. The Methodology Center and The Prevention Research Center, The Pennsylvania State University. (T32 DA017629; PI: L. Collins). Role: Pre-doctoral Fellow. Funded individual budget: \$55,620.
- 2016-2018 HealthWise dissemination: Translation to multiple schools. National Institute on Drug Abuse. Department of Recreation, Park, & Tourism Management, The Pennsylvania State University. (R01 DA029084; PI: L. Caldwell). Role: Research Assistant.
- 2016-2017 Identity as a protective factor in a substance use prevention program for adolescent dropouts in South Africa. Penn State Africana Research Center (PI: **E. Layland**). Funded budget: \$1,500.
- 2012-2013 Emerging adulthood in Europe—The two-edged sword of leisure pursuit. Brigham Young University's Mary Lou Fulton Research Innovation Endowment (PI: **E. Layland**). Funded budget: \$4,200.

## **PEER REVIEWED PRESENTATIONS**

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43. **Layland, E. K.**, Bishop, M. D., Carey, C., & Watson, R. J. (2025, May). *Sexual and gender identity socialization from parents, schools, and peers and timing of developmental milestones*. In E. K. Layland (Chair), *Promoting positive LGBTQ+ adolescent development: Understanding psychosocial correlates of sexual and gender identity developmental milestones*. Submitted to the Society for Research on Child Development 2025 Biennial Meeting. Minneapolis, MN.
42. \*Wei, A. X., Seager van Dyk, I., & **Layland, E. K.** (2025, May). Timing and pacing of gender identity self-affirmation milestones and associations with positive parental messaging. In E. K. Layland (Chair), *Promoting positive LGBTQ+ adolescent development: Understanding psychosocial correlates of sexual and gender identity developmental milestones*. Submitted to the Society for Research on Child Development 2025 Biennial Meeting. Minneapolis, MN.

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\* Indicates student or post-doc author.

41. \*Bishop, M. D., **Layland, E. K.**, Watson, R. J., & Fish, J. N. (2025, May). Sexual and gender identity development timing: latent profiles among transgender and gender diverse adolescents. In E. K. Layland (Chair), *Promoting positive LGBTQ+ adolescent development: Understanding psychosocial correlates of sexual and gender identity developmental milestones*. Submitted to the Society for Research on Child Development 2025 Biennial Meeting. Minneapolis, MN.
40. **Layland, E. K.** (2025, May). Exploring LGBTQ+ adolescent sexual and gender identity socialization within parent-adolescent dyads.. In M. R. Sladek (Chair), *Amplifying strengths-based research investigating resilience mechanisms for youth with sexual and gender expansive identities*. Submitted to the Society for Research on Child Development 2025 Biennial Meeting. Minneapolis, MN.
39. **Layland, E. K.** & Seager van Dyk, I. (2024, November). The who and how of LGBTQIA+ Socialization: Queering understanding of family socialization by including chosen family and family of origin. In J. N. Fish (Chair), *Strategies for thriving: Characteristics, antecedents, and correlates of LGBTQ+ Socialization*. Presented at the National Conference on Family Relations. Bellevue, WA.
38. \*Owen, C. R., Westerbaan, A., Lesko, J., **Layland, E. K.**, & Seager van Dyk, I. (2024, November). Queer joy across the globe: Links with LGBTQIA+ wellbeing and flourishing. Presented at the 58<sup>th</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies, Sexual and Gender Minority Special Interest Group Poster Session. Philadelphia, PA.
37. **Layland, E. K.**, Mesner, O., Parra, L. A., Kipke, M. D., & Goldbach, J. T. (2024, August). How does experiencing sexual racism predict cannabis use disorder symptoms? A mediating pathway through anxiety that diminishes with age. Presented at the National LGBTQ Health Conference. Atlanta, GA.
36. **Layland, E. K.**, Wood, J. K., \*Sheppard, J. A., & Goldbach, J. T. (2024, August). Introducing the Queer Adolescent Coping Inventory (QACI): Construct validity and evidence of protective effect on mental health. Presented at the National LGBTQ Health Conference. Atlanta, GA.
35. \*Shepherd, B. F., Parra, L. A., Kipke, M. D., & **Layland, E. K.** (2024, August). longitudinal associations between dating app use, sexual racism, and mental health among Black and Latinx gay and bisexual men: The protective roles of general social support and identity-specific community connection. Presented at the National LGBTQ Health Conference. Atlanta, GA.
34. Fish, J. N., Ezra, P., Pacey, M. S., Tomlinson, K., **Layland, E.**, & Smith-Bynum, M. (2024, April). Identifying and making meaning of heterosexual parenting practices related to sexual minority youth sexual orientation. Paper presented at the Society for Research on Adolescence Annual Conference. Chicago, IL.
33. Soulliard, Z. A., **Layland, E. K.**, Hatch, N., Eisenstadt, B., Chiamonte, D., Behari, K., Freeman, M., Kinkel-Ram, S. S., Harkness, A., & Pachankis, J. E. (2023, November). Mental health providers' experiences implementing LGBTQ-affirmative CBT one year after training. In A. Harkness & Z. A. Soulliard (Chairs), *Next Steps for LGBTQ-Affirmative Care: Implementation and De-Implementation Efforts Toward Mental Health Equity for LGBTQ Clients*. Symposium presented at the 57<sup>th</sup> Annual Convention of the American Association of Behavioral and Cognitive Therapies, Seattle, WA.
32. Harkness, A., Soulliard, Z.A., **Layland, E.**, Behari, K., Bharat, B., Rogers, B.G., Safren, S.A., & Pachankis, J. (2023, November). Prioritizing Implementation Strategies for LGBTQ-Affirmative CBT: Findings from Five Clinical Trials. In A. Harkness & Z. Soulliard (Chairs), *Next Steps for LGBTQ-Affirmative Care: Implementation and De-Implementation Efforts Toward Mental Health Equity for LGBTQ*

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\* Indicates student or post-doc author.



*Clients*. Symposium presented at the 57<sup>th</sup> Annual Convention of the American Association of Behavioral and Cognitive Therapies, Seattle, WA.

31. Nelson, K.M., Chin, J., Dauria, E.F., **Layland, E.**, & Perry, N.S. (2023, April). Practical and ethical considerations for conducting “sensitive” health research with adolescents in diverse settings. Panel presented at the 44th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. Phoenix, AZ.
30. **Layland, E. K.**, Berglund, P. A., Diaz, J. E., Kipke, M. D., & Bray, B. C. (2022, July). Patterns of racist and heterosexist stigma drive differences in mental trajectories of Black and Latino sexual minority young men: A person-centered approach to quantitative intersectional research. Accepted for presentation at the National LGBTQ Health Conference. Chicago, IL.
29. Harkness, A., Soulliard, Z., Behari, K., Rogers, B. G., **Layland, E.**, Safren, S. A., & Pachankis, J. E. (2022, June). Implementing LGBTQ-affirmative cognitive-behavioral therapy: Implementation strategies across four clinical trials. In A. Celeste-Villalvir (Chair), *Identity, Social Needs, and responsive interventions for patients and clinicians*. Podium session presented for the Academy of Health Annual Research Meeting. Washington, D.C.
28. \*Wilklund, L. O., Kunter, B. A., **Layland, E. K.**, Macapagal, K. R., & Nelson, K. N. (2022, April). Adapting behavioral health research and practice during COVID-19 to improve LGBTQIA+ Health. Panel presented at the Society for Behavioral Medicine Annual Meeting. Baltimore, MD.
27. Earnshaw, V., Dulin, A K., **Layland, E. K.**, & Lassiter, J. (2022, April). Communicating behavioral medicine research to broad audiences to meet the urgency of adaptation. Panel presented at the Society for Behavioral Medicine Annual Meeting. Baltimore, MD. \*\*Designated as Presidential Panel.
26. **Layland, E. K.**, Exten, C., Mallory, A., Williams, N. D., & Fish, J. N. (2021, November). Suicide attempt disparities at the intersection of age, sexual orientation, and race/ethnicity. In C. J. Chang & B. Shepherd (Chairs), *Diversifying well-established frameworks for suicide: Applications to sexual and gender minority populations and the importance of intersectionality*. Symposium at the Association for Behavioral Cognitive Therapy Annual Convention. Virtual Conference.
25. **Layland, E. K.**, Smith, J. C., Soulliard, Z. A., Kipke, M. D., & Bray, B. C. (2021, November). Body image concerns, correlates, and community connectedness among Black and Latinx sexual minority men and trans/gender non-conforming people. In A. Convertino (Chair), *Body image and eating pathology in sexual and gender minority individuals: Risk and protective factors*. Symposium at the Association for Behavioral Cognitive Therapy Annual Convention. Virtual Conference.
24. Soulliard, Z. A., Jackson, S. D., Seager van Dyk, I., **Layland, E. K.**, Clark, K. A., & Pachankis, J. E. (2021, November). Training community mental health providers in LGBTQ-affirmative CBT: A randomized controlled trial across the US. In J. Pachankis & M. Hatzenbuehler (Chairs), *LGBTQ Affirmative CBT: From theory to trial to community dissemination and implementation*. Symposium at the Association for Behavioral Cognitive Therapy Annual Convention. Virtual Conference. \*Not presented due to COVID19 symposium cancellation.
23. **Layland, E. K.**, Maggs, J. L., Kipke, M. D., & Bray, B. C. (2021, June). A quantitative approach to intersectional health research: Disparities in health and structural inequality among latent subgroups of Black and Latino sexual minority men. Poster presented at the National LGBTQ Health Conference. Virtual Conference.

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\* Indicates student author.

22. **Layland, E. K.**, Fish, J. N., Exten, C., Mallory, A., & Williams, N. (2021, April). Suicide attempt rates and association with discrimination are highest in early adulthood for diverse sexual minorities. Research talk presented at the Society for Behavioral Medicine 41<sup>st</sup> Annual Meeting and Scientific Sessions. Virtual Conference.
21. **Layland, E. K.**, Chan, L. S., Cassidy, E., & Rosenberger, J. G. (2020, May). Mapping inequitable distribution of HIV prevention resources by race/ethnicity, neighborhood, and age among sexual minority men. In B. C. Bray (Chair), *Increasing health equity for diverse populations: Place-Based etiology, intervention, and implementation*. Symposium accepted for presentation to the Society for Prevention Research Annual Meeting. Washington, DC. \*Not presented due to COVID19 conference cancellation.
20. **Layland, E. K.** (2020, May). Socioemotional and substance use outcomes among sexual minority Men of Color experiencing sexual racism. In N. Parr (Chair), *The Importance of considering multiple minority identities among youth and young adults to reaching prevention goals*. TEDTalk accepted to Society for Prevention Research Annual Meeting. Washington, DC. \*\*Abstract of Distinction. \*Not presented due to COVID19 conference cancellation.
19. **Layland, E. K.**, Bray, B. C., & Kipke, M. D. (2020, April). Experiences and health correlates of discrimination are not universal: Stress, racism, and homonegativity as determinants of drug use among diverse sexual minority men. In **E. K. Layland** (Chair), *Social and structural determinants of alcohol and drug use among racially and ethnically diverse sexual and gender minorities*. Symposium accepted for presentation to the Society for Behavioral Medicine Annual Meeting. San Francisco, CA. \*\*Highest scored student symposium in HIV and related topics \*Not presented due to COVID19 conference cancellation.
18. **Layland, E. K.**, Hidalgo, M., Kubicek, K., & Kipke, M. D. (2020, April). Sexual racism hurts, but mindfulness can help: Mindfulness moderates discrimination's effect on mental health for Black and Latino men who have sex with men. In **E. K. Layland** (Chair), *From stigma to psychological and behavioral health among populations impacted by HIV*. Symposium accepted for presentation to the Society for Behavioral Medicine Annual Meeting. San Francisco, CA. \*Not presented due to COVID19 conference cancellation.
17. **Layland, E. K.**, Chan, L. S., Cassidy, E., & Rosenberger, J. G. (2020, April). Mapping inequitable distribution of HIV prevention resources by race/ethnicity, neighborhood, and age among men who have sex with men. In **E. K. Layland** (Chair), *To end the HIV epidemic, we must consider intersectional approaches to health for sexual and gender minorities of Color*. Symposium accepted for presentation to the Society for Behavioral Medicine Annual Meeting. San Francisco, CA. \*Not presented due to COVID19 conference cancellation.
16. Carter, J. A., **Layland, E. K.**, Perry, N., Cienfuegos Szalay, J., Nelson, K. M., Bonner, C. P., & Rendina, H. J. (2020, April). How does stigma inform sexual and gender minority health interventions? A systematic review. Poster accepted for presentation to the Society for Behavioral Medicine Annual Meeting. San Francisco, CA. \*Not presented due to COVID19 conference cancellation.
15. **Layland, E. K.**, Chan, L. S., Cassidy, E., & Rosenberger, J. G. (2019, June). Geo-spatial network mapping to examine HIV/STI prevention among men who have sex with men. Paper presented at the Australia Public Health Prevention Conference. Melbourne, Australia.
14. **Layland, E. K.**, Kipke, M. D., Bray, B. C., & Kubicek, K. (2019, May). Unpacking the effects of stress and discrimination on substance use: Similarities and differences among Latino, Black, and Multi-

Racial/Ethnic young men who have sex with men. Poster presented at the 2019 National LGBTQ Health Conference: "Bridging Research and Practice," Atlanta, GA.

13. **Layland, E. K.**, Bray, B. C., Kubicek, K., Bhandari, S., & Kipke, M. D. (2019, May). Drug use patterns among young men of color who have sex with men. Poster presented at the Society for Prevention Research 27<sup>th</sup> Annual Meeting: "Prevention Science in a Big Data World." San Francisco, CA.
12. van Doren, N., **Layland, E. K.**, & Bray, B. C. (2019, May). Coping with racial discrimination: Person-centered coping profiles moderate the association between daily discrimination and depressive and anxious symptoms in African Americans. Poster presented at the American Psychological Society Annual Convention. Washington, DC.
11. **Layland, E. K.**, Potter, L. N., Rosenberger, J. G., Schnarrs, P. W., Mimiaga, M. J., & Biello, K. B. (2019, March). Attenuating the link between discrimination and psychopathology in Latin American gay men. Paper presented at the Society for Behavioral Medicine Annual Meeting. Washington, DC.
10. Palmer, L., Salomaa, A., **Layland, E. K.**, Kruk, M., & Matsick, J. (2019, February). Social category label effect: "Homosexuality" language affects lesbian and gay people's psychological outcomes. Poster presented at the Society for Personal and Social Psychology Annual Convention. Portland, OR.
9. Matsick, J. L., Kruk, M., **Layland, E. K.**, Palmer, L. E., & Salomaa, A. C. (2018, November). The effects of "homosexual(ity)" language on lesbian and gay people's well-being. In B. M. Wardecker and J. L. Matsick (Co-Chairs), *Health and aging in lesbian, gay, and bisexual adults in the United States*. Presented at the annual meeting of the Gerontological Society of America. Boston, Massachusetts. [Note: graduate student authors are listed alphabetically]
8. **Layland, E. K.**, Calhoun, B., Maggs, J., & Russell, M. (2017, November). Campus-led alcohol-free programs as a prevention strategy for emerging adults attending university. Paper presented at the biennial meeting of the Society for the Study of Emerging Adulthood. Washington, D.C.
7. **Layland, E. K.**, Caldwell, L. L., Ram, N., & Wegner, L. (2017, June). Using boredom to compare competing risks in adolescence. In L. L. Caldwell (Chair), *Pathways, profiles, and predictors of adolescent sexual behavior explained through diverse methods*. Symposium presented at the annual meeting of the Society for Prevention Research. Washington, D.C. \*\*Abstract of Distinction
6. **Layland, E. K.**, Hodge, C. J., & Godbole, N. (2017, May). Sibling relationships in emerging adulthood: Shared leisure and relationship quality. Paper presented at the Canadian Congress on Leisure Research. Kitchener, Ontario, Canada.
5. **Layland, E.**, Hill, B. J., & Nelson, N. J. (2017, May). Considering leisure as an additional context for exploring identity in emerging adulthood. Paper presented at the International Society for Research on Identity Conference. Groningen, Netherlands
4. **Layland, E. K.**, Hodge, C. J., & Godbole, N. (2017, May). Sibling relationships in emerging adulthood: Shared leisure and relationship quality. Paper presented at the Canadian Congress on Leisure Research. Kitchener, Ontario, Canada.
3. **Layland, E.K.**, Hill, B., & Nelson, L.J. (2015, October). Exploring free time and leisure in emerging adulthood. In S.E. Brewer (Chair), *Moral and positive development*. Paper presented at the biennial meeting of the Society for the Study of Emerging Adulthood. Miami, FL.
2. **Layland, E. K.**, Hill, B., & Nelson, L. J. (2014, October). Emerging adults in the context of free time and leisure. Paper presented at the Leisure Research Symposium. Charlotte, NC.

1. **Layland, E.** & Dunn, M. (2014, April). Breaking event and program tradition to better serve the needs of the community. Abstract presented at the Utah Recreation and Parks Association Conference. Provo, UT.

## **INVITED PRESENTATIONS & WORKSHOPS**

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19. **Layland, E. K.** (2024, July). An intersectional take on person-centered methods. Presented at University of California San Francisco Department of Psychiatry LEAD Program.
18. **Layland, E. K.** (2024, March). Multi-level affirmative resources for promoting LGBTQ+ youth mental health. Presented at Boston University School of Public Health.
17. **Layland, E. K.** (2024, February). Integrating a developmental approach to understanding and eliminating LGBTQ+ mental health disparities. Presented at University of Maryland Prevention Research Center: Prevention Research Seminar Series.
16. **Layland, E. K.** (2023, November). Understanding LGBTQ+ health with an intersectional lens: Intercategorical and intracategorical approaches. Presented at the Department of Public Health, Santa Clara University.
15. **Layland, E. K.** (2023, September). Bridging LGBTQ+ youth and family research to community impact. Presented at the University of Delaware College of Education and Human Development Provost Spotlight.
14. **Layland, E. K.** (2023, March). Methodological Innovations in LGBTQ Health and Developmental Research. Presented to Delaware IDeA Network of Biomedical Research Excellence (INBRE) Junior Investor Network.
13. Bray, B. C. & **Layland, E. K.**, & Sisselman-Borgia, A. (2023, March). Impacting prevention science through your online presence. Presented at the Society for Prevention Research Communications Committee Workshop.
12. **Layland, E. K.** (2023, March). What does a developmental approach add to LGBTQ Research? Presented at the Queer and Trans Graduate Student Union, University of Delaware.
11. **Layland, E. K.** (2023, February). Can intersectional stigma be studied quantitatively? Demonstrating multidimensional subgroup analysis as a tool for intersectional research in a cohort of Black and Latinx sexual minority men. Presented at New York University Silver School of Social Work.
10. **Layland, E. K.** (2022, April). Addressing the co-occurring burdens of racism, homophobia, socioeconomic strain, and mental health in the fight to end the HIV epidemic. Presented to the Los Angeles County Commission on HIV.
9. **Layland, E. K.** (2021, December). Advancing LGBTQ Health: Developmental and Intersectional Approaches to Addressing Mental Health and Substance Use Disparities. Presented at the Department of Psychology, Old Dominion University.
8. **Layland, E. K.** (2021, November). Innovative quantitative methods for modeling intersectional stigma among racially/ethnically diverse sexual minorities. Presented at the Center for Sexual and Gender Minority Health, Columbia University.
7. **Layland, E. K.** (2021, October). Longitudinal approaches to age-varying cohort analysis among Black and Latinx sexual minorities. Invited presentation at the Washington University St. Louis Brown School.

6. **Layland, E.K.** & Bonner, C. P. (2021, June). How is stigma being addressed in sexual and gender minority health interventions? A review of the field. Presented at the Global Gender Center, RTI International.
5. **Layland, E.K.** (2021, April). Suicide attempt rates and associations with discrimination are greatest in early adulthood for sexual minority adults across diverse racial and ethnic groups. Presented at the UPenn Diversity Journal Club.
4. **Layland, E. K.** (2020, November). On LGBTQ+ people and inclusion. Presented to Weber State University Department of Health, Physical Education, and Recreation.
3. **Layland, E. K.** (2019, October). LGBT rights as a global social movement. Presented to University of Utah Master of Science in International Affairs and Global Enterprise (MIAGE).
2. **Layland, E. K.** (2018, November). Identity as a protective factor in a substance use prevention program for adolescent dropouts in South Africa. Presented at the Penn State African Research Center.
1. **Layland E. K.** (2018, March). Intersectional discrimination and HIV risk behaviors: Coping behaviors of racial/ethnic minority young men who have sex with men. Presented in the Penn State Prevention Research Seminar.

### **MENTORED STUDENT PRESENTATIONS (non-peer review)**

6. Allen, P., III, & **Layland, E. K.** (2024, August). An intrasectional approach to Black queer research: Girl, let's kiki! Poster presented at the University of Delaware Symposium for Undergraduate Research and Creative Activity. Newark, DE.
5. Fogle, L. & **Layland, E. K.** (2024, August). Exploring developmental milestones of LGBTQIA+ individuals with Autism Spectrum Disorder (ASD). Poster presented at the University of Delaware Symposium for Undergraduate Research and Creative Activity. Newark, DE.
4. Griffin, J. M. & **Layland, E. K.** (2024, August). Making the case for research on fat/queer joy. Poster presented at the University of Delaware Symposium for Undergraduate Research and Creative Activity. Newark, DE.
3. Lesko, J. & **Layland, E. K.** (2024, February). Intergenerational differences in understanding the term "queer" among LGBTQ+ teens and older adults. Talk presented at University of Delaware Winter Undergraduate Research Showcase. Newark, DE.
2. Griffin, J. M. & **Layland, E. K.** (2024, February). The power of embracing gender identity among trans and nonbinary individuals. Poster presented at University of Delaware Winter Undergraduate Research Showcase. Newark, DE.
1. Shields, M., Mitsdarffer, M., & **Layland, E. K.** (2023, August). Structural and cultural barriers prevent homeless LGBTQ+ youth in Delaware from accessing stable housing. Poster presented at Delaware INBRE Summer Fellow Research Showcase. Newark, DE.

### **TEACHING EXPERIENCE**

#### **Undergraduate and Graduate Courses Taught**

<i>Semester</i>	<i>Number</i>	<i>Students</i>	<i>Course Title &amp; Notes</i>	<i>Credits</i>	<i>Location</i>
S 2024	HDFS 867	9	Sexual Orientation & Gender Identity Across the Lifespan	3	UD
S 2024	HDFS 366	2	Independent Study: Advanced Topics in LGBTQ Health & Development	3	UD

F 2023	HDFS 367	8	LGBTQ+ Youth and Families	3	UD
S 2023	HDFS 867	6	Sexual Orientation & Gender Identity Across the Lifespan	3	UD
Su 2016	RPTM 120	35	Leisure and Human Behavior (Online)	3	PSU
Su 2016	RPTM 120	28	Leisure and Human Behavior	3	PSU

### Invited Lecturer

Semester	Number	Students	Course Title (Lecture topic)	Location
S 2023	HDFS 470	30	Children and Families at Risk ( <i>LGBTQ+ Family Issues</i> )	UD
F 2020	HDFS 239	30	Adolescent Development ( <i>LGBT Identity Development</i> )	PSU
F 2019	HDFS 239	45	Adolescent Development ( <i>Sexual Identity Dev.</i> )	PSU
S 2019	HDFS 239	25	Adolescent Development ( <i>Sexual Identity Dev.</i> )	PSU
F 2018	HDFS 239	25	Adolescent Development ( <i>Sexual Identity Dev.</i> )	PSU
F 2016	RPTM 433	40	Research Methods ( <i>Qualitative Methods</i> )	PSU
S 2016	RPTM 433	40	Research Methods ( <i>Community Program Evaluation</i> )	PSU

### Teaching Grants

2023 Out in the Community: Career Excursion to LGBTQ Centers. For HDFS 367 LGBTQ+ Youth and Families. University of Delaware. Career Innovation Grant. (PI: **E. Layland**) Funded budget: \$500.

### Teaching Presentations

1. Washington, R., Alizadeh, A., Riera, K., **Layland, E. K.**, & Goldstein, S. (2024, June). Connecting, collaborating, & creating community: A new faculty peer support group. Panel presented at the UD Summer Institute on Teaching. Newark, DE.

## AWARDS AND HONORS

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2024	Health Disparities Research Institute Scholar. National Institute on Minority Health and Health Disparities, National Institutes of Health.
2024	Summer Fellow. University of Delaware Anti-Racism Initiative (UDARI).
2024	Finalist. Health Equity Award for Research Excellence. Yale School of Medicine. For Layland et al. (2023) <i>Kept in the Closet: Structural stigma and the timing of sexual minority developmental milestones across 28 European countries</i> .
2024	Rising Star Award. HIV and Sexual Health Special Interest Group. Society for Behavioral Medicine.
2023	Finalist. Health Equity Award for Research Excellence. Yale School of Medicine. For Layland et al. (2022) <i>Intersecting racism and homonegativism among sexual minority men of color: Latent class analysis of multidimensional stigma with subgroup differences in health sociostructural burdens</i> .
2023	Diversity Institute Emerging Leader. Society for Behavioral Medicine.
2023	National PRIDeNet Inaugural Cohort. All of Us Research.
2021	Outstanding Dissertation Award. Society for Behavioral Medicine. Dissertation Title: <i>Leveraging latent class modeling at the intersection of racism and homonegativism: Identifying subgroups of Black and Latino sexual minority young men and links with substance use</i> .
2020	Abstract of Distinction. Society for Prevention Research. For Layland (2020) <i>Socioemotional and substance use outcomes among sexual minority Men of Color experiencing sexual racism</i> .

2019	LGBTQ Alumni Interest Group Award. Penn State LGBTQA Resource Center.
2019	LGBTQ National Health Conference Scholarship.
2019	Student Travel Award. Society for Behavioral Medicine Annual Meeting.
2017	Ruth W. Ayres-Givens Scholar. Penn State.
2017	Herberta M. Lundegren Scholar. Penn State.
2017	Abstract of Distinction. Society for Prevention Research. For Layland et al. (2017) <i>Using boredom to compare competing risks in adolescence.</i>
2017	Global Student Travel Grant. Penn State Global Programs.
2014	Future Scholar of the Year. The Academy of Leisure Sciences.
2014	Outstanding Young Professional. Central Utah Recreation & Parks.
2012	Outstanding Graduate Student. Brigham Young University.
2012	TED Talks 2 <sup>nd</sup> Runner Up. Brigham Young University.
2012	Graduate Student of the Year. Utah Recreation & Parks Association.

## **MEDIA ENGAGEMENT**

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2024	Featured Story: " <a href="#">Supporting LGBTQ+ Youth.</a> " UDaily. University of Delaware.
2024	Quoted Expert Scientist in " <a href="#">Marginalized high school students are avoiding college for mental health reasons.</a> " Technical.ly: News for Technologists and Entrepreneurs.
2024	Quoted Expert Scientist in " <a href="#">Students cite mental health struggles as they opt out of college, especially students from LGBTQ+ and marginalized communities.</a> " WHYY Public Radio.
2023	Quoted Expert Scientist in " <a href="#">Bisexuality as a 'superpower': Delaware advocates share stories, challenges, and triumphs.</a> " WHYY Public Radio.
2023	Featured Story: " <a href="#">How do discriminatory laws and policies affect the developmental milestones of lesbian, gay and bisexual adolescents and adults across 28 European countries?</a> " UD College of Health and Human Development Research Spotlight.

## **PROFESSIONAL AND PUBLIC SERVICE ACTIVITIES**

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### **Service to the Department**

University of Delaware

2024-2025	Graduate Committee.
2024	General University Research (GUR) Award proposal reviewer.
2023-present	College of Education and Human Development Diversity Committee.
2023	Steele Symposium Faculty Judge.
2022-present	Human Services Faculty Committee.
2022	Faculty Search Committee.

Yale School of Public Health

2021-2022	Co-Chair. Anti-Racism & Diversity Journal Club. Yale LGBTQ Mental Health Initiative.
2021	Co-Chair. Invited Keynote Speaker Series. Yale LGBTQ Mental Health Initiative.

The Pennsylvania State University

2019-2020	Faculty Search Committee. Penn State Consortium to Combat Substance Abuse.
2019	Graduate Program Recruitment Ambassador.
2018-2019	Graduate Student Chair. Inclusion, Diversity, & Equity Committee.

- 2017-2018 Co-Chair. Diversity in Research Colloquium.
- 2017-2018 Chair. First Year Graduate Student Mentoring Program.
- 2017 Facilitator. "Managing Online Presence" Workshop for PhD students.

**Service to the University**

University of Delaware

- 2023-present Co-Chair. Queer, Trans, and LGBTQ+ Studies Working Group.
- 2023-present Co-Chair. Well-Being and Equity Research Collaborative.

The Pennsylvania State University

- 2019-2020 Board Member. Student Advisory Board. Penn State University Health Services.
- 2017-2020 Grad Student Representative. Penn State Sexual & Gender Minority Health SIG.
- 2015-2020 Sexual & Gender Diversity Panel Moderator. Penn State Student Voice Outreach.
- 2015-2020 Undergraduate Mentor. Penn State Center for Sexual & Gender Diversity.
- 2015-2019. Undergraduate Educational Moderator. Center for Sexual & Gender Diversity.
- 2018-2019 Coordinator. Mixture Modeling SIG, Penn State Methodology Center.
- 2017-2018 Executive Council. Penn State Presidential Commission for LGBTQ Equity.

**Service to Community and Professional Organizations**

- 2024 Professional Paths Panelist. Department of Human Development and Family Sciences. Graduate Student program, Penn State University.
- 2024 Expert witness on LGBTQ+ bullying and mental health. Court of Commons Pleas of Philadelphia County. Case no. 220500944.
- 2023 Grant review. National Science Foundation (NSF).
- 2023 Conference Abstract Reviewer. Cultural, Inequality, & Intersectionality Track. Society for Research on Adolescence.
- 2023 Career Discussion. Graduate OUT in STEM. Indiana University-Purdue University Indianapolis.
- 2022-2023 Faculty Advisor. LGBTQ Health Journal Club.
- 2022 Intersectional Stigma and Latent Class Analysis Consultation. Diamond Lab. University of Utah.
- 2022 Conference Abstract Reviewer. Society for Prevention Research.
- 2020-2022 Chair. LGBTQ Health Journal Club.
- 2019-2021 Trainee/Student Chair. HIV & Sexual Health SIG, Society for Behavioral Medicine.
- 2019-2020 Conference Abstract Reviewer.  
Society for Prevention Research  
American Psychological Association, Division 44

**Referee for Journals**

<i>Journal</i>	<i>2016-2021</i>	<i>2022</i>	<i>2023</i>
Adolescent Health	2	2	1
Adolescent Research	1		
American Journal of Men's Health	2		
Clinical Psychology		1	
Drug and Alcohol Dependence	1		1
Development and Psychopathology	2		
Gay and Lesbian Social Services			2
Identity	1		
LGBT Health	1	1	2
Medical Anthropology			1



Medical Internet Research (JMIR)		1	2
Pediatrics	2		
PLOS One		1	
Preventing Chronic Disease		1	
Psychiatric Research	1		
Psychiatric Services		1	2
Psychology Sexual Orientation & Gender Diversity			1
Social and Personal Relationships	1		
Social Psychiatry and Psychiatric Epidemiology	1		
Social Science and Medicine			1
Translation Behavioral Medicine	1		
Wellbeing and Society	1		
<i>Total</i>	17	8	13

## **STUDENT ADVISING AND MENTORING**

### **Graduate Student Advisory Committees**

<i>Years</i>	<i>Name</i>	<i>Department</i>	<i>Degree</i>	<i>Location</i>
2024-	Shawn Frapp	Nursing	PhD	UD
2023-	Victoria Figgs	Human Development & Family Sciences	MS	UD
2023-24	William Woelki	Human Development & Family Sciences	MS	UD
2022-27	Margaret Bennekamper	Psychological and Brain Sciences	PhD	UD
2022-23	Sreelakshmi Pushpanadh	Psychology	MS	PSU

### **Graduate Research Supervision**

<i>Years</i>	<i>Name</i>	<i>Department</i>	<i>Degree</i>	<i>Location</i>
2024-	August Wei	Human Development & Family Sciences	PhD	UD
2024-	Victoria Figgs	Human Development & Family Sciences	PhD	UD
2024-	McKenzie Myer	Communication	PhD	UD
2023-	Daniel Sweeney	Communication	MS	UD
2023	Michelle Bailey	School of Education	PhD	UD
2023	Mohammad Mousavi	Human Development & Family Sciences	PhD	UD
2021-23	Nicholas Hatch	School of Public Health	MPH	Yale
2021-22	Eleanor Pickering	School of Public Health	MPH	Yale
2021-22	Kaylia Carroll	School of Public Health	MPH	Yale

### **Undergraduate Research Mentoring**

<i>Years</i>	<i>Name</i>	<i>Role</i>	<i>Terms</i>	<i>Location</i>
2024-	Lauren Fogle	Delaware INBRE Scholar	2	UD
2024	Yves Allen	Delaware INBRE Scholar	1	UD
2024	Charlotte Walder	Research Assistant	2	UD
2023-	Jo Griffin	Research Assistant, Winter Fellow, Delaware INBRE Scholar	4	UD
2023-	Meagan Lambert	Research Assistant	6	UD
2023-2024	Michael Shields	Research Intern, Delaware INBRE Scholar	4	UD
2023-2024	Kanmani Duraikkannan	Research Assistant	3	UD
2023-2024	Jayden Lesko	Research Intern, Winter Fellow	2	UD
2023	Ana Andrews	Research Assistant	1	UD

**PROFESSIONAL ORGANIZATION MEMBERSHIP**

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2024-	Society for Adolescent Research
2023-	Delaware Public Health Association
2022-	American Psychological Association
2018-	Society for Behavioral Medicine
2016-2020	Society for Prevention Research
2013-2016	Society for Research on Emerging Adulthood