

Curriculum Vitae  
**Kate C. Riera**  
 University of Delaware  
 Department of Human Development and Family Sciences  
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**Education**

- 2011 Ph.D. University of Maryland at College Park, Family Science  
*Undergraduate Teaching and Learning Program Certificate, Center for Teaching Excellence*
- 2002 M.S. Ed. University of Pennsylvania, Psychological Services
- 2001 B.A. Muhlenberg College, Psychology and Spanish, Education Concentration  
*Summa Cum Laude, Study Abroad in Seville, Spain*

**Academic Appointments and Professional Experience**

- 2022-present Assistant Professor, Department of Human Development and Family Sciences, University of Delaware, Newark, DE
- 2011-2022 Adjunct Faculty, Department of Human Development and Family Sciences, University of Delaware, Newark, DE
- 2014-2017 Researcher, Department of Human Development and Family Sciences, Delaware Institute for Excellence in Early Childhood, University of Delaware, Newark, DE  
 Conducted Spanish language home visits including administering developmental assessments, interviews, and data collection. The Starting at Home study examined stress buffering in an at-risk population of both English and Spanish speaking families with young children.
- 2011-2013 Faculty Extension Assistant, Food Stamp Nutrition Education Project, Department of Family Science, University of Maryland, College Park, MD  
 Conducted bilingual qualitative coding and data analysis on food insecurity among Latino immigrants. Assisted in manuscript preparation.
- 2008-2010 Graduate Instructor, Department of Family Science, University of Maryland, College Park, MD  
 Instructed upper level undergraduate course Children in Families, focusing on child development in a family context. Prepared lectures, designed assessments, and managed all aspects of course facilitation, delivery, and evaluation of student learning for up to 65 students. Directed and

mentored three undergraduate teaching assistants. Trained new doctoral level graduate instructors.

- 2009 Summer Research Assistant, The Nutrition Literacy Study, Department of Family Science, University of Maryland, College Park, MD.  
Translated study materials and qualitative protocol into Spanish language. Conducted qualitative interviews with Spanish speaking food stamp eligible individuals. Translated and transcribed Spanish interviews into English.
- 2007 & 2008 Summer Research Assistant, Food Stamp Nutrition Education Project, Department of Family Science, University of Maryland, College Park, MD.  
Participated in ongoing research projects aimed at better understanding and increasing children's fruit and vegetable consumption from a family and community perspective.
- 2006-2007 Teaching Assistant, Department of Family Science, University of Maryland, College Park, MD.  
Assisted in the facilitation, teaching, and management of upper-level Family Science course, Family Theories and Patterns. One section in Fall 2006 and two sections in Spring 2007. Prepared curriculum and materials for teaching Family Science course Children in Families.
- 2006 Research Assistant, National Center on Fathers and Families, University of Pennsylvania, Philadelphia, PA.  
Conducted interdisciplinary policy research to expand the knowledge base on father involvement and family development. Conducted qualitative research on incarcerated fathers and their children.
- 2005 Adjunct Instructor, Camden County College, Blackwood, NJ.
- 2005 Adjunct Instructor, Rowan College at Burlington County, Pemberton, NJ.
- 2004-2005 Student Assistance Counselor, Genesis Counseling Center, Collingswood, NJ.  
Provided counseling and assistance to K-8<sup>th</sup> grade students within individual, group, and classroom settings. Conducted group counseling on Anger Management with diverse high school population of 60+ at-risk students.
- 2002-2003 Program Coordinator, Offices of Continuing Education & Admissions, Graduate School of Education, University of Pennsylvania, Philadelphia, PA.

- 2002-2003 Intern ESL Instructor, English Learning Center, Drexel University, Philadelphia, PA.
- 2002 Research Assistant, Graduate School of Education, University of Pennsylvania, Philadelphia, PA.
- 2001-2002 Primary Therapist Intern, Kirkbride Center: A Better Way Treatment Program, Philadelphia, PA.

### **College/University Teaching Experience**

#### **2011-present University of Delaware**

- HDFS 201 Life Span Development (Fall 2015, Winter 2020, Summer 2021)
- HDFS 230 Families and their Communities (Winter 2025, Spring 2025)
- HDFS 270 Families & Developmental Disabilities (Fall 2018, Fall 2019)
- HDFS 329 Adolescent Development, (Fall 2011, Spring 2011, Fall 2012, Spring 2012, Fall 2013, Spring 2013, Spring 2020)
- HDFS 330 Mentor & Helping Relationships  
(Spring 2016, Spring 2017, Fall 2021, Spring 2022, Fall 2022, Spring 2023, Fall 2023, Spring 2024, Fall 2024)
- HDFS 332 Introduction to Counseling Theories & Techniques (Spring 2023, Fall 2023, Spring 2024)
- HDFS 333 Development of Human Relationships (Fall 2022, Fall 2023, Fall 2024)
- HDFS 366 Independent Study (Spring 2022, Spring 2023, Fall 2023)
- HDFS 367 Seminar: Latinx Families & Communities (Spring 2024)
- HDFS 346 Counseling in Human Services (Fall 2017)
- HDFS 402 Child & Family Policy (Spring 2012)
- HDFS 422 Capstone in Family Relationships (Spring 2025)
- HDFS 470 Families & Children at Risk (Spring 2022, Fall 2022, Spring 2023)
- HDFS 621 Family Studies I: Theoretical & Empirical Perspectives (Fall 2024)
- HDFS 637 Program Planning, Assessment & Development (Spring 2014)
- UNIV 101 First Year Experience (Fall 2020, Fall 2021)

#### **2006-2011 University of Maryland, College Park**

- FMSC 332 Children in Families  
(Fall 2008, Spring 2008, Fall 2009, Spring 2009, Fall 2010, Spring 2010)
- FMSC 330 Family Theories & Patterns  
(Graduate Teaching Assistant, Fall 2006, Spring 2007)

#### **2005 Camden County College**

- PSY 101 Basic Psychology (Fall 2005)
- PSY 102 Psychology of Personality & Adjustment (Fall 2005)

**2005**                    **Rowan College at Burlington County**  
 PSY 101                Introduction to Psychology (Summer 2005)

### **Publications**

DePhillips, M., De Rosa, A., Oriade, B., & **Riera, K.** (2023). *Student course feedback*. University of Delaware Center for Teaching and Assessment of Learning. <https://ctal.udel.edu/faculty-perspectives-student-course-feedback/> (equal authorship, alphabetical by last name).

Munger, A., Stevenson, T., Speirs, K., **Riera, K.**, & Grutzmacher, S. (2014, November). More than just not enough: Experiences of food insecurity for Latino immigrants. *Journal of Immigrant and Minority Health*. DOI 10.1007/s10903-014-0124-6. <https://link.springer.com/article/10.1007/s10903-014-0124-6>

### **Presentations**

Wilson, R. & **Riera, K.**, (2024, November 8-10). *Fostering mental health literacy for undergraduate students: Challenges & opportunities*. [Round table presentation]. National Organization of Human Services Annual Conference, New Orleans, LA.

**Riera, K.**, Trestin, F., Patel, H., & Allelunas, A. (2024, November 8-10). *Community engagement in an undergraduate course on Latinx families & communities: Critical student reflections* [Conference presentation]. National Organization of Human Services Annual Conference, New Orleans, LA.

**Riera, K.**, Goldstein, S., \*Wroten, E., \*Figgs, V., \*Miller, M., \*Atienza, G., & \*Heischober, A. (2024, November 8-10). *“Launching”: Fathers’ perspectives on parenting and the college transition process*. [Paper presentation]. National Organization of Human Services Annual Conference, New Orleans, LA.

**Riera, K.** & \*Sanchez, G. (2024, June 17-18). *Piloting and development of a new community engagement course: Connecting the classroom and community experiences*. [Paper presentation]. Teaching Family Science Conference, San Juan, PR.

\*Wroten, E. D., Goldstein, S., **Riera, K.**, \*Miller, M., \*Figgs, V., \*Atienza, G. S., & \*Simpers, K. (2024, April 3-6). *“As a parent I have let go a lot more, because I don't have a choice”: Parents’ experiences of their child moving away from home to attend college* [Poster session]. Southern Sociological Society Annual Conference, New Orleans, LA.

**Riera, K.**, \*Sanchez, G., & Scanlan, K. (2024, March 14). *Pilot and preparation of an undergraduate community engagement course: Latinx families & communities*. [Poster session]. Provost’s Symposium on Engaged Scholarship, Newark, DE

\*Grant, K., **Riera, K.**, & Goldstein, S. (2024, February 13). Project LAUNCH: Launching into

- adulthood and understanding college health. [Poster presentation]. Winter Scholars Research Showcase, Newark, DE.
- Wilson, R. & **Riera, K.** (2023, November 10-13). *Human services internships: Professional preparation, community engagement, and international opportunity* [Conference presentation]. National Organization of Human Services Annual Conference, Alexandria, VA.
- Goldstein, S. E., **Riera, K.**, \*Wroten, E. D., & \*Miller, M. (2023, October 13-15). *Leaving the nest: First-year college students' perspectives* [Poster session]. Society for the Study of Human Development Annual Conference, Philadelphia, PA.
- Riera, K.** & Wilson, R. (2023, June 12-13). *The reflective practitioner: Preparing today's students* [Conference presentation]. Teaching Family Science Conference, Savannah, GA.
- Riera, K.** & Wilson, R. (2023, May 31-June 1). *Reflective teaching in action* [Workshop presentation]. Summer Institute on Teaching, Newark, DE.
- Wilson, R. & **Riera, K.** (2023, April 20). *Partnering Successfully with Community Agencies for Human Services Internships* [Poster session]. Provost's Symposium on Engaged Scholarship, Newark, DE.
- Lloyd, T., Speirs, K., **Riera, K.**, Munger, A., Grutzmacher, S. (2012, October 31- November 3). *More than just "Not enough": Latino immigrants' food insecurity experiences* [Paper presentation]. National Council on Family Relations Annual Conference, Phoenix, AZ.
- Riera, K.** & Hofferth, S. (2011, November 16-19). *Partner social support and outcomes of an early birth* [Paper presentation]. National Council on Family Relations Annual Conference, Orlando, FL.
- Riera, K.** & Hofferth, S. (2011, October 29- November 2). *Social support and outcomes of an early birth* [Paper presentation]. Paper presented at the American Association of Public Health Annual Conference, Washington, DC.
- Riera, K.**, Evans, L., Berger, A., Singer, B., & Maring, E. (2011, June). *Let's work together: Advancing active learning (and teaching!) through a community of practice* [Workshop presentation]. Lilly East Conference on University and College Teaching and Learning, Bethesda, MD.
- Maring, E., Berger, A., Cook, E., Evans, L., **Riera, K.**, Braun, B. (2010, October). *Healthy lifestyles in children's literature* [Poster session]. University of Maryland School of Public Health Research Interaction Day, College Park, MD.
- Riera, K.** & Speirs, K. (2010, June). *Creating a community of peer support for graduate*

*teaching assistants* [Roundtable session]. Lilly-East Conference on University and College Teaching and Learning, Washington, DC.

**Riera, K.** & Wenzel, S. (2010, March). *Using data to inform adolescent health programs and policies* [Workshop presentation]. Association of Maternal and Child Health Programs Annual Conference, National Harbor, MD.

**Riera, K.** & Hofferth, S. (2009, November). *Young maternal age and infant mortality: Are young adolescents at the highest risk?* [Poster session]. American Public Health Association Annual Meeting, Philadelphia, PA.

Grutzmacher, S., Messina, L., Speirs, K., Stevenson, T., Fanflick, P., Eberhart, A., Evans, L., Rose, P., Juzaitis, L., Lachenmayr, L., **Riera, K.**, Kifer, A., & Kostenko, J. (2009, September). *The Nutrition Literacy Study: Examining nutrition knowledge, attitudes, skills, and behaviors among SNAP-eligible families* [Poster session]. University of Maryland School of Public Health Research Interaction Day, College Park, MD.

**Riera, K.** & Hofferth, S. (2009, September). *Young maternal age and infant mortality* [Poster session]. University of Maryland School of Public Health Research Interaction Day, College Park, MD.

**Riera, K.** & Hofferth, S. (2009, April). *Young maternal age and infant mortality*. [Poster session]. University of Maryland Graduate Research Interaction Day, College Park, MD

**Riera, K.**, Koblinsky, S., & Anderson, E. (2009, April). *Implementation and impact of a Preparing Future Faculty Program* [Poster session]. Lilly-East Conference on College and University Teaching, Newark, DE.

Vesely, C., Fitzgerald, M., **Riera, K.** & Jones, N. B. (2008, November). *Using secondary data in family research* [Conference presentation]. National Council on Family Relations Conference, Little Rock, AR.

**Riera, K.**, LaTaillade, J. & Leslie, L. (2008, November). *The impact of discrimination on relationship quality in interracial couples: Do racial identity and multicultural experience moderate the effects?* [Poster session]. National Council on Family Relations Conference, Little Rock, AR.

Braun, B., Gross, S. & **Riera, K.** (2008, October). *Effects on changing taste preference on fruit and vegetable consumption among fourth grade students* [Poster session]. University of Maryland School of Public Health Research Interaction Day, College Park, MD.

**Riera, K.** (2008, April). *Effective prevention programs addressing secondary adolescent pregnancy* [Poster session]. University of Maryland Graduate Research Interaction Day, College Park, MD.

**Riera, K.** & Speirs, K. (2007, October). *Children's health: Obesity and fruit and vegetable*

*consumption* [Poster session]. University of Maryland College Research Interaction Day, College Park, MD.

\*denotes student author

### **Funded Grants**

- 2023 Faculty and Staff Career Innovation Grant, Career Services, University of Delaware, Newark, DE. \$2,500.
- 2023 Transportation Grant, Community Engagement Initiative, University of Delaware, Newark, DE. \$1,000.
- 2023 Open and Affordable Teaching Materials Grant, Libraries, Museums, & Press, University of Delaware, Newark, DE. \$500.

### **Unfunded Grant Proposals**

- 2024 NIH Exploratory/Developmental Research Grant  
“Launching into Adulthood and Understanding College Health (LAUNCH): A Mixed-Method Exploration of the Transition to College” Role: Co-Investigator

### **Invited Speaker/Talks**

- 2024 *Building Partnerships for a Community Engagement Course*, Engaged Scholars Workshop. University of Delaware, Newark, DE
- 2017, 2019, 2021 *Effective Communication & Cross-Cultural Interactions*, Middle East Partnership Initiative (MEPI). University of Delaware, Newark, DE.

### **Service and Leadership Positions**

- 2024-Present Board Member, Latin American Community Center, Wilmington, DE
- 2023-Present Vice President, Family Science Association
- 2023-Present Member Conference Committee, U Matter 2DE Suicide Prevention in Higher Education Annual Conference, Mental Health Association of Delaware
- 2023-Present Journal Reviewer, Family Science Review
- 2021-2022 Women’s Ministry Director, Cornerstone Presbyterian Church, Landenberg, PA
- 2014-2019 Volunteer ESL Teacher and Program Director, Cornerstone Presbyterian Church, Landenberg, PA
- 2009-2013 Conference Proposal Reviewer, Family Health Section, National Council on Family Relations
- 2009-2012 Conference Proposal Reviewer, Maternal and Child Health Section, American Association of Public Health
- 2008-2011 Graduate Student Research Affiliate, Maryland Population Research Center, University of Maryland
- 2009-2010 Graduate Student Liaison for Awards and Recognition Committee, American

- Association of Family and Consumer Sciences
- 2009-2010 Co-coordinator of Peer Teaching Support Group, Department of Family Science
- 2008-2009 Coordinator of Preparing Future Faculty and Family Professionals Program (PFFFP), Department of Family Science
- 2008-2010 Member of the President's Commission on Women's Issues, University of Maryland
- 2008-2010 Undergraduate Teaching and Learning Program, Center for Teaching Excellence
- 2007-2010 Faculty Representative, Academic Honor Review Boards, Office of Student Conduct
- 2007-2008 Marketing and Finances Coordinator for Maryland Council of Family Relations
- 2007 Grant Reviewer, Rural Maryland Council and Annie E. Casey Foundation
- 2001 Psi Chi, Secretary and member of executive board
- 2000 Volunteer ESL Teacher, Centro Norte Americano, Seville, Spain
- 1998-1999 Volunteer Counselor, Lehigh Valley Crisis Pregnancy Center, Allentown, PA
- 1998 Volunteer ESL Teacher, Hispanic American Organization, Allentown, PA

### **Awards and Honors**

- 2024 Nominated Ernest A. Lynton Award for the Scholarship of Engagement, Campus Compact
- 2023 Nominated Excellence in Teaching Award, University of Delaware
- 2011 Greg Alexander Outstanding Student Paper Award, American Association of Public Health
- 2010 Completion of the Family Science Preparing Future Faculty and Family Professionals Program, University of Maryland
- 2010 Completion of the Center for Teaching Excellence University Teaching and Learning Program, University of Maryland
- 2010 Center for Teaching Excellence Lilly-East Conference Travel Grant
- 2009 USA Funds Access to Education Scholarship
- 2009 Datatel Scholars Foundation Scholarship
- 2009 Distinguished Teaching Assistant Award, Center for Teaching Excellence
- 2009 Awarded 2<sup>nd</sup> Place Prize for Presentation in Health Category, Graduate Research Interaction Day
- 2009 Center for Teaching Excellence Lilly-East Conference Travel Grant
- 2008 Teaching Assistant Development Grant, Center for Teaching Excellence Grant of \$1900 awarded for Peer Support Program for Family Science Graduate Student Teaching Assistants
- 2008 Golden Key International Honour Society
- 2008 American Association of Family and Consumer Sciences Jewell L. Taylor National Graduate Fellowship
- 2008 Maryland Association of Family and Consumer Sciences Mary Faulkner

	Scholarship Award
2007	University Systems of Maryland Women's Forum Scholarship Award
2007	Phi Upsilon Omicron, Family and Consumer Sciences Honor Society
2002	University of Pennsylvania, Graduate School of Education Scholarship
2001	National Pathfinders Scholarship Award
2001	Women's Global Ministries Scholarship Award
2000	Gift of Hope Leadership Scholarship Award
2000	Foundation for Theological Education Fellowship
2000	Phi Beta Kappa, Omicron Delta Kappa, Psi Chi, Phi Sigma Iota, Undergraduate Honor Societies

### **Language Skills**

Proficiency in spoken and written communications in Spanish.

### **Professional Associations and Memberships**

2024-Present	National Organization of Human Services
2024-Present	Council on Contemporary Families
2024-Present	National Association on Mental Illness, Delaware
2022- Present	Family Science Association
2007-2013, 2022	National Council on Family Relations
2009-2012	American Public Health Association
2007-2009	American Association of Family and Consumer Sciences